

COURSE OUTCOMES

SEMESTER I

FCS1B01 FUNDAMENTALS OF NUTRITION

CO1 Comprehend relationship between food, nutrition and health.

CO2 Understand the functions of food, various food groups, balanced diet and principles of meal planning.

CO3 Understand functions of various nutrients and their sources & gaining knowledge about clinical manifestations of excess/ deficiency of nutrients

SEMESTER II

FCS2B02 HUMAN DEVELOPMENT

CO1 Describe how individuals develop and change from womb to tomb

CO2 Gain knowledge to locate relevant examples of development in the cultural context, focusing on situations of childhood development in Indian culture

CO3 Competent in using methods to study development in children, and explore family and community context of Indian children

CO4 Gain knowledge to locate and use relevant cultural examples of development during adolescence and different phases of adulthood.

CO5 Competent in using methods to study development and socio-cultural context of Indian adolescents and adults

CO6 Understand classical and contemporary theoretical perspectives in Human Development.

CO7 Apply theoretical understanding of core concepts in Human development to the everyday context.